



eden's trust
the other side of bereavement

Come zumba with us for charity!

Tuesday 7pm to 8pm
Grange Hill Methodist
Church, Burrow Road
Chigwell, Essex, IG74HQ

Thursday 7pm to 8pm
Gearies School, Gantshill
Crescent, Gants Hill
Essex IG2 6TU

**Saturday 10.30am
to 11.30am**
Jack Carter Centre
Frenford Club
The Drive, Ilford
Essex, IG1 3PS

**Price: £5 per class/
£3 for students***

*All proceeds go to Eden's Trust

Follow us on  
www.edenstrust.org.uk
Call us on **07814 550375**



Zumba Fitness with Elli Galvani and team

Qualified Zumba Fitness, Toning and
Zumba Kids Instructor

For further information call **07814 550375** or email
info@edenstrust.org.uk

When you Zumba with Eden's Trust, you'll also be helping raise funds to run free guided support therapy groups and educational workshops for those who have lost a child.



About Eden

Eden's Trust was set up by Elli Galvani after her 6-year-old daughter Eden Galvani-Skeete was tragically killed on holiday in Turkey in 2006.

As Elli struggled to come to terms with Eden's death, she became painfully aware of a gap in specialised counselling and decided to set up support/survival groups and workshops for people who have lost a child. The groups, launched in May 2012, continue to support bereaved parents, siblings, and their families.

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Registered Charity No. 1136092